

About The Presenter. . .

Debbi Spendlove, MRET

Debbi is trained as a Master Rapid Eye Trainer and Technician. She is a Foot Zoner, Master Reiki Practitioner and Instructor, and a Cranial Sacral technician. Debbi also works with Blood/Nutritional Microscopy. She teaches classes in Life Skills, working with the Chakras and Auric Fields, and Personal Feng Shui. She also does Family Matrix realignment and more. Using these healing modalities, she assists her clients to come to a place of understanding and harmony spiritually, mentally, emotionally and physically. In this place of harmony they are able to heal more easily.



435-770-1136

Debbi is excited to present this Personal Power Workshop and offer this amazing experience to others!

Debbi received her Human Relationship training (HRT) through L&L Heartway. Owned and operated by Lynette Butcher, PhD, RN, MED, NBC, MAC, MRET and Lynell Beckstrom, CADCI, MRET. Both facilitators are Personal Growth Trainers, Spiritual Personal Coaches and MRET Trainers. Lynette is a Nationally Certified Board Counselor, an Addictions Counselor and has worked with the Washington State foster care program. Lynell is a Certified Alcohol and Drug Counselor, an herbalist and a Master Reiki Instructor.

L & L Heartway

PERSONAL POWER

April 13 – 15, 2012



*"When I let go of what
I am, I become
what I might be."*

Who Benefits?

This two and half day intensive is for people who want to move more fully into their personal dream, vision and self-actualization. Using experiential and psychodrama techniques involving both verbal and nonverbal expression, this workshop provides an environment for questions about enhancing your personal power and living more fully in your dream. The workshop invites participants to reflect on ways in which personal values, habits and history shape your professional work, personal life and choices in relationships.

"What I value most about Personal Power is that I never got bored, I learned about myself in a new and exciting "moving" way. Personal Power was a huge jump-start into my own personal vision and desires."

**--Michelle Mitchell, Salt Lake City, UT

"Attending Personal Power was one of the most profound and personally empowering opportunities that I have EVER taken part of. It was amazing to be a part of a group of people that helped me to be more self-aware, change old belief patterns, and guide me on my journey to personal power. This by far has been one of the best things I have ever done for MYSELF!!!"

*--Jenny Ross, Ogden, UT

"Excellence is to do a common thing in an uncommon way."

--Brooker T. Washington

Workshop Focus

- Moving forward into life
- Claiming your magnificence
- Learning to play to "win"
- Gaining tools to become personally empowered
- Experiential in nature.

What you get out of this training will be in direct correlation to what you put in.

Come ready to go for it!

What Should I Bring?

- Wear comfortable clothing
- Bring a covered water bottle
- Bring a journal
- Be prepared to go out for working lunch and dinner breaks

Dates

Friday, April 13, 2012
6 PM to 10 PM-ish
Saturday, April 14, 2012
9 AM to 10 PM-ish
Sunday, April 15, 2012
10 AM to 5 PM

Location

1472 North 1800 East
Logan, UT

Fee \$150

Questions?

Contact: Debbi Spendlove
435-770-1136

debbispendlove@yahoo.com

REGISTER AT

debbispendlove@yahoo.com
please include the following information

Name:
Address:
City:
State:
Phone:

FEE: \$150.00 Check, Cash,
Make checks payable to:

Debbi Spendlove
mail to: 1472 North 1800 East.
Logan, UT 84341